



1984

ON TUESDAY, JANUARY 10 . . .

The Atlanta Chapter of the International Facility Management Association will hold its monthly meeting at - LANIER PLAZA - at the intersection of I-85 North and Monroe Drive. Our program this month:

"REDUCING STRESS AND LEARNING TO RELAX"

Our speaker this month is Dr. Charles Noyd, a private practicing psychologist in the field of stress management. Dr. Noyd has had extensive experience in training managers to reduce stress and is a frequent speaker on the subject. He is presently the Director of the Institute for Marital and Family Therapy.

Dr. Noyd will tell us what stress is, how to measure it, how it affects us and how to reduce it. He will teach us stress reduction techniques and relaxation exercises. (This will be a group participation workshop!) This meeting is a must for anyone facing a stress-filled year.

Lunch will be served PROMPTLY at 12:00 Noon, so please arrive in plenty of time to register. Reservations for this meeting must be made by 2:00 p.m. Thursday, January 5 . . . Reservations will no longer be accepted after the deadline. For reservations, please call 658-1776 and ask for Pat Stanfield. Please leave your name(s), firm name(s), and phone number(s). The charge is \$10.00 for members and \$12.00 for non-members. NO SHOWS WILL BE INVOICED.

See you at 11:45 a.m. for what promises to be an informative program.

**Atlanta Chapter
International Facility Management Association
Suite 2500, 133 Peachtree Street, N.E.
Atlanta, Georgia 30303**

404-658-1776



President's Memo and Regional News

January 1984

- . . . Enclosed is a tentative schedule of meeting topics for 1984. If we missed a topic you are particularly interested in, let your program committee know: Dorothy Harris, Ted Stout or me.
- . . . Please note that non-member luncheon costs are now \$15.00, while member costs will remain at \$10.00. Join now and the luncheon savings will help justify your membership!
- . . . IFMA has more chapters forming in Miami, Birmingham and Richmond. If your company has branch locations in these cities or if you know of anyone who would be a member candidate, please let me know!
- . . . Mark your calendars for IFMA '84 to be held October 24-26 at the Expo Center and Merchandise Mart in Chicago.
- . . . The IFMA Utilities Council will meet February 7-8 in Birmingham, Al. All IFMA direct members are invited. For information, contact Richard Allen, Pennsylvania Power & Light Company, Two North Ninth Street, Allentown Pa. 18104 (215) 770-5760.
- . . . On April 5-6 the Georgia Tech College of Architecture in conjunction with AIA and ASID is sponsoring a facilities workshop called "User-Oriented Evaluation for Facilities Design and Management". A flier is enclosed for your information.
- . . . The Atlanta Chapter has 8 new members since December and 7 more pending approval. Congratulations to new members:

Sterling E. Pettefer, Milton Pate & Associates, Inc.
Jim Braswell, Milliken & Co.
Robert F. Smith, Cooper Carry Interiors Group
George C. Brown, Jr., Central Bank of the South
Thomas L. Marks, EBASCO Services, Inc.
James E. Day, Day's Services, Inc.
Peter S. Minotti, Citizens & Southern National Bank
Robert E. Therrel, The Shaw-Walker Co.

Christine Williams
President

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